

November 2019

Allamuchy Township School Lunch

Lunch Price List Student Lunch: \$3.00 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

MONDAY

TUESDAY

5

WEDNESDAY

THURSDAY

FRIDAY



- Bella's Pizza 🔊
- Freshly Prepared Italian House Salad



4

- Meatless Monday
 Breaded Ravioli with
 Marinara Sauce
- Sauteed Italian Green Beans





Hamburger or Cheeseburger on a Bun

- Oven Baked French Fries
- Steamed Corn

6 Noti

- National Nacho Day

 Beef Nacho Platter
 with Shredded
 Cheddar Cheese,
 Lettuce, Tomatoes, and
 Salsa
- Southwestern/Fiesta Corn
- Fiesta Rice & Beans









11

Hamburger or Cheeseburger on a Bun

Pickle Chips
 Crispy Ranch Fries

Meatless Monday

Dinner Roll

Creamy Mac & Cheese

Fresh Veggie Dippers

12

- Baked Chicken Steamed Carrots
- · Mashed Potatoes

13

- ecken Baked Grilled Ham & Cheese Melt on a Pretzel Bun
 - Freshly Prepared Garden Salad

14

National Pickle Day Ø
Popcorn Chicken

School

- Oven Baked Fries Steamed Green Beans
- Dinner Roll

15

- Pepperoni Stromboli
- Cucumber & Tomato Salad

18

19

- Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch
- Sweet Plantains
- Fiesta Rice & Beans

20

- Pasta with Meat Sauce •
- Warm Garlic Breadstick •
- Freshly Prepared Caesar Salad

21 Thanksgiving Dinner

- Roast Turkey with Gravy
- Mashed Potatoes
- Green Beans
- Stuffing
- Maschio's Lemon/Cherry Frozen Sorbet

22

- Twisted Cheesy Breadsticks with Marinara Sauce
- Roasted Parmesan Broccoli



- · Chicken Nuggets
- Tater Tots
- Dinner Roll

26

- Cinnamon French Toast Sticks
- · Warm Berry Compote
- Breakfast Śausage
- · Hash Browns

27

Hamburger or Cheeseburger on a Bun

 Oven Baked Friesd Oven Baked Fries Steamed Corn



28



29



Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun, Muffin Meal, Cereal Meal, Bagel Bag & Yogurt Meal

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: allamuchy.nutrislice.com/menu/allamuchy-township-school/lunch/

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